

Research News

Dean of Research

Dear all,

Hope you all are well.

1) Celebrating Achievements: Congratulations to the following awardees: Professor Damien Riggs and Dr Zamzami Zainuddin who list amongst the Stanford Elsevier's Top 2% Scientists in their respective fields; Emeritus Professor Marika Tiggemann is listed in the Top 1000 Female Scientists of the World; Professor Ben Wadham who received VESPIIA's Academic of the Year Award of Excellence; and, to Professor Emma Thomas who received the Vice-Chancellor's Award for Mid-Career Researcher and Associate Professor Dan King for the Vice-Chancellor's Award for Research Leadership.

2) Research Domains Events: A calendar of events can be found on page 11.

3) Cross College (CBGL, CEPSPW, CHASS) Collaboration Workshop: A very successful *Research Speed Dating Event* was held on Friday 20 September in collaboration with CBGL and CHASS. We hope it is the first of many events that seek to enhance collaboration and team research projects. Photos show the group of participants, and participants at work.

4) International Men's Day Awards: Nominations are open for exceptional male role models in South Australia who are positively contributing to their local communities, to be recognised at an International Men's Day (IMD) event to be advised. See details of this opportunity on page 7.

Best wishes

Raj





Top 1000 Female Scientists in the World

Emerita Professor Marika Tiggemann listed as a Top 1000 Female Scientist in the World ([Research.com](https://www.research.com)). Marika ranked 670 in the world and 22nd nationally with an h-index of 111, 39,129 citations and 366 publications.

Top 2% Scientists

Professor Damien Riggs and Dr Zamzami Zainuddin are ranked in the 2024 world's top 2% scientists in their respective fields. The ranking is based on data from Elsevier Data Repository which includes standardised information on citations, h-index, and other bibliometric indicators for researchers worldwide. [Damien](#) ranks 299 out of 69595 (Public Health) with an h-index of 11, 542 total cites and 182 publications. [Zamzami](#) ranks 429 out of 95876 (Education) with an h-index of 9,437 total cites and 36 publications.

Veterans Emergency Services and Policy Industry Institute Australia (VESPIIA)

Professor Ben Wadham was awarded VESPIIA's 2024 Academic of the Year Award. This award recognises an outstanding achievement in research in the advancement and identification of issues, challenges, and topics relevant to Veterans, Emergency Service, Police, and/or their families. Ben's work was recognised as "leading the way in understanding how Australian Defence Force and Department of Veteran Affairs culture and systems impact veteran and family well-being. His innovative research sheds light on how institutional frameworks shape the experiences of veterans and their families, offering vital insights that drive improvements in policy and support services."

Vice-Chancellor's Awards for Research

Professor Emma Thomas is awarded the Vice Chancellor's Award for Research as a Mid-Career Researchers for her research into political extremism and understanding the psychology behind when, why and how people decide to join collective efforts for change.

Associate Professor Dan King is awarded the Vice Chancellor's Award for Research in Research Leadership for research into technology addiction including online gambling, video games and social media and identifying practical ways to combat excessive use. The awards will be presented at the Staff Awards Ceremony on 28th November 2024.



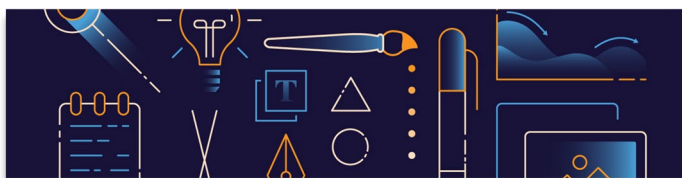
Refereed Journal Articles

- Fien, S., Lawes, J. C., Ledger, J., de Terte, I., Drummond, M., Simon, P., Joseph, N., Daw, S., Kelly, S., Stanton, R., & Best, T. (2024). Exposure to Traumatic Events and Shame in Adolescent Surf Lifesavers: An Australian Perspective. *Journal of Child and Adolescent Trauma*, 1-11. <https://doi.org/10.1007/s40653-024-00662-1>
- Galovski, T.E., Nixon, R.D.V., & Kehle-Forbes, S.M. (2024). Invited Article - Walking the fine line between fidelity and flexibility: A conceptual review of personalized approaches to manualized
- Jiang, Z., Riggs, D.W., Wang, Y., Chapman, A., & Mate, S. (Online First 2024). Beyond generic support: Contextual influences on careers of gender and sexuality diverse university students. *Applied Psychology*. Doi: [10.1111/apps.12564](https://doi.org/10.1111/apps.12564)
- Lawes, J. C., Fien, S., Ledger, J., Drummond, M., Simon, P., Joseph, N., Daw, S., Best, T., Stanton, R., & de Terte, I. (2024). Protective Factors in Potential Trauma for Adolescent Surf Lifesavers. *Research on Child and Adolescent Psychopathology*, 1-30.
- Matsumoto, Y., Takizawa, Y., & Ishimoto, Y. (2024). Preliminary trial of a well-being diary with Japanese primary school students. *Social and Emotional Learning: Research, Practice, and Policy*, 4, 100066. <https://doi.org/10.1016/j.sel.2024.100066>
- McCabe, G., Godwin, J. W., Rothenberg, W. A., Goulter, N., Lansford, J. E., & Conduct Problems Prevention Research Group. (2024). Fast Track intervention effects and mechanisms of action in established adulthood. *Prevention Science*, 1-14. <https://doi.org/10.1007/s11121-024-01736-0>
- Rigg, A., Kemp, E., Koczwara, B., Butow, P., Girgis, A., Hulbert-Williams, N.H., Kaambwa, B., Long, R., Schofield, P., Turner, J., Yip, D., Combes, R., & Beatty L. (2024). Feasibility, acceptability and preliminary efficacy of a self-directed online psychosocial intervention for women with metastatic breast cancer: Finding my way-advanced. *Supportive Care in Cancer*. DOI: [10.1007/s00520-024-08924-2](https://doi.org/10.1007/s00520-024-08924-2)
- Stephenson, H., Lawson, M.J., Nguyen-Khoa, L-A., Kang, S.H.K., Vosniadou, S., Murdoch, C., Graham, L., & White, E. (2024). Helping teacher education students' understanding of self-regulated learning and how to promote self-regulated learning in the classroom. *Frontiers in Education*, 9:1451314. Doi: [10.3389/educ.2024.1451314](https://doi.org/10.3389/educ.2024.1451314).
- Tiggemann, M. (2024). A few reflections on positive body image and body neutrality. *Body Image*, 51, 101790. Doi: [10.1016/j.bodyim.2024.101790](https://doi.org/10.1016/j.bodyim.2024.101790)



& Professional Services

- James Gordon (2024, October 12) was a Delegate at the Social Media Summit held in Adelaide and organized by the Department of the Premier and Cabinet. <https://www.dpc.sa.gov.au/social-media-summit>



Presentations

- Bartlett, S.E., Gillespie, K., Kemp, E., White, M., Moore, H., & Dymond, A. (2024, October). *Thriving minds through nutrition and protection from childhood stress*. Australian and New Zealand Obesity Society Annual Scientific Conference, Sydney, Australia.
- Bourboulis, S., Kemp, E., & Beatty, L. (2024). A qualitative exploration of factors that influence engagement with a digital mental health platform for women with metastatic breast cancer: Finding My Way – Advanced. Presented at the International Psycho-Oncology Society's annual world congress.
- De Gruyter, E., Gordon, J., Qureshi, I., Bhatt, B., & Mafico, N. (2024). Financing Indigenous entrepreneurs: A review and research agenda. *Australian Journal of Management*, early view. <https://doi.org/10.1177/03128962241270823>
- Freeman, N., Leske, M., Koczwara, B., Eakin, E., Short, C., Daly, A., Degner, J., & Beatty L. (2024). Does an online Healthy Living after Cancer program with telephone coaching continue to improve outcomes compared to a self-guided control? Presented at the International Psycho-Oncology Society's annual world congress.
- Geng, G. (2024, October 11). Gretchen was invited by SAGE to run a webinar on 'The University student's mental health toolkit'.
- Geng, G. (2024, October 15). Gretchen delivered a keynote speech for the International Symposium on Strategy and Transformation Management 2024.
- Gillespie, K.M., White, M., Kemp, E., & Bartlett, S.E. (2024, October). *The relationships between socio-economic status, frequency and dose of beverage consumption, and cognitive function*. Australia and New Zealand Obesity Society Annual Scientific Conference, Sydney, Australia.
- Hedger, R. (2024, October). Rachel presented *Drawing thought: Young children's representational approaches to meaning making in science* at the Reggio Emilia Australia Information Exchange, 2024 Australian Research Symposium: Children's graphic languages as a tool for everyday research (19 October).
- Hicks, D. (2024, October). Dylan presented a workshop titled *Re-thinking skill acquisition in sport coaching*, for the Eastern Mavericks Basketball Club at St Francis de Sales Colleges (9 October).
- Mike Lawson participated in the Workshop on Embodied Cognition held at the Free University of Bozen-Bolzano in Bressanone-Brixen, Italy on 25-26 September, 2024.
- Merryman, N., & Wadham, B. (2024, August). Presented *Cultural camouflage and constructing gendered identity* at the 1st Scottish Armed Forces Conference, Edinburgh Napier.
- Professor Kris Natalier, Dr Kate Seymour, Dr Carmela Bastian, Dr Michelle Jones and Dr Sharyn Goudie (October 17) were invited to present to Anglicare SA's Out of Home Care Leadership Team on 'A Home Centred Care Approach to Supporting Children and Young People in Care'.
- Nixon, R.D.V., & Roberts, L. (September, 2024). *Predictors of Therapy Completion in Those Receiving Low or High Intensity Trauma-Focussed Treatment for Posttraumatic Stress Disorder (PTSD)*. Paper presentation at the 40th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA, USA.
- Pill, S. (2024, October 19). Keynote: Linking Health Education and Physical Education Through Sport. NSW PDHPE Teachers Association annual conference. Xavier College, Ballina, 18-19 October.
- Pill, S. (2024, October 26). Volleyball Australia National Stakeholders' Meeting. Presentation: Competitive engineering Spikezone.
- Prevelt, A. (2024, October). Andrew developed and delivered the first Student Veteran Cultural Competency Training: Essentials Workshop for UNSW staff, with 125 participants. A series of video resources is being developed to complement the workshop and assisting UNSW in implementing a credentialing badge and training package for future staff.
- Sandanapitchai, P. (PhD Candidate), & Nixon, R.D.V. (September, 2024). *Guided Self-Help using Cognitive Processing Therapy for Treating Posttraumatic Stress Disorder*. Paper presentation at the 40th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA, USA.
- Skelton, S., & Riggs, D.W. (2024). "Fuel for the fire": Trans rage as a motivating force against cisgenderism. *The Second International Trans Studies Conference*, Illinois, September 4-7.



Breakthrough Senior Research Fellowship in Suicide Prevention

Applications are now open for the Breakthrough Senior Research Fellow / Research Fellow in Suicide Prevention position and will close 17 November.

This position, to be hired at either Level B or C, is for a 3-year fellowship, funded by our partner the Breakthrough Mental Health Research Foundation.

See all the details [here](#) and make sure you share this opportunity through out your networks!

Institute Workshops

We will be running two workshops in November as follows:

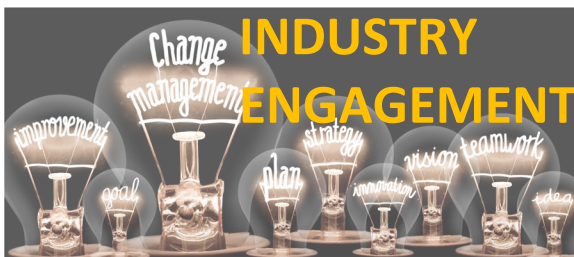
- Friday 15 November, 11am-12pm: Co-Design: What is it? How do we do it? Examples and lessons learned with Dr Mia Pellizzer
- Friday 22 November, 9.30am-10.30am: Health Economics with Dr Laura Edney

Both sessions will be in SSN204 and via Teams but it would be great to see you in person so that you can catch up with your colleagues.

Anyone who is not a member of the Institute but would like to come along, let me know at mentalhealthwellbeing.institute@flinders.edu.au

LinkedIn

We have seen extraordinary growth in the number of people interacting with our content with over 800 people now following our [LinkedIn page](#)! This is through sharing stories which demonstrate of the impact of the research being carried out across the Institute. If you want to keep up to date, follow our page on [LinkedIn](#) and make sure you [share your stories with](#) us so that we can share then with our followers.



- Professor Shane Pill (2024, October 11) Premier of South Australia Social Media Summit. Adelaide Convention Centre.
- Professor Shane Pill (2024, October 24) HLERU Health Literacy and Equity Research. Meeting. University of Tasmania.



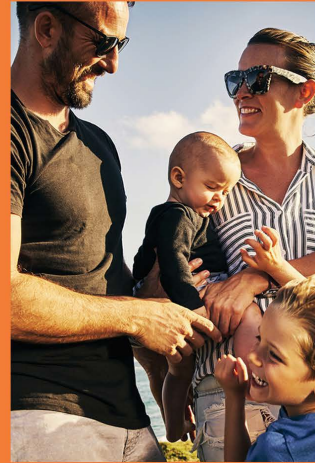
Flinders University

Institute for Mental Health & *wellbeing*

Open Door Symposium

**Transition and Transformation:
Postgraduate Veteran Students in Higher Education**

Tuesday, 26 November, 10am- 4pm
The Studio, Flinders University, Bedford Park



About the Symposium

We are excited to announce our upcoming free symposium scheduled for 26 November 2024, at the Bedford Park Campus of Flinders University in Adelaide and online.

This hybrid event will explore the variety of veteran-focused research being conducted by military veterans and family members of veterans.

Featuring keynote speaker Professor Ben Wadham, who will share insights on the transition from military to academic life and the impact of higher education on veteran students.

You are Invited!

We extend an invitation to all military veterans and family members who are actively engaged in veteran-focused research at an Australian higher education institution to participate.

This symposium will provide a valuable platform to share findings, network with peers, and contribute to the evolving field of veteran studies in higher education.

Calling for abstracts!

Abstracts are now open for 20 minute presentations, with question time. Abstracts must be submitted by 21 October 2024.

Submission here:



Register now!

Join us at this free event either in person at Flinders University or online from anywhere.

Register here:



Please direct any general enquiries to andrew.prevett@flinders.edu.au

Open Door Initiative

Improving the wellbeing of veterans and public safety personnel and their families

Awards to celebrate inspirational local champions

To mark [International Men's Day](#) (IMD), the College of Education, Psychology and Social Work will present five \$1,000 awards that recognises five South Australian men who are positively contributing to their communities in the fields of sports, research, community, teaching and media. Nominations are now open.

Professor Raj Shekhawat says the awards will shine a light on men who are inspirational role models to boys and young men. "Flinders University recognises the importance of valuing male role models in addressing issues such as men's mental and physical health, and in fostering positive gender relations," says Professor Shekhawat. "Winners will be men who have inspired, enabled or supported other men, women and youth in the community. We invite anyone to nominate a man who is inspirational, and also welcome self-nominations."

Flinders University has a series of initiatives in the diversity, equity and inclusion space and is currently ranked 8th in the world for gender equality by the Times Higher Education University Impact Rankings. "We will continue to support girls and women, while also encouraging men to make a great contribution," he adds.

This year's IMD theme is 'Men's Health Champions', and celebrates the positive value men bring to the world, their families and communities.

How to apply

- Applications can be submitted [via this form](#).
- Applications are welcome from nominators and self-nominators alike.
- Applications will be judged only in the category for which they have been submitted and can be applied in one category only.
- Supporting evidence including links to websites, media articles, letters of endorsement will be accepted and not included in the total word count.
- The awards will be presented later this year with details to be advised.

Community Perinatal Practice Meeting

Introduction

The Community of Perinatal Practice was established to grow the presence of perinatal research at Flinders University and to connect postgraduate and HDR students, researchers and clinicians with a special interest in **perinatal mental health**. This group provides an opportunity to share knowledge, foster cross-disciplinary collaboration and contribute to practice guideline development.

Upcoming meeting details:

Date: Monday, 11th November

Time: 1.00pm – 2.00pm

Location: Social Sciences North Common Room (Level 3 Kitchen area) or online via [this Teams link](#)

For further information, please contact:

- Maddie Rhodes: madeleine.rhodes@flinders.edu.au
- Donna McMahon: donna.mcmahon@flinders.edu.au
- Tess Rutherford: tess.rutherford@flinders.edu.au



17 October 2024. Child. *Proceed with caution: The trouble with trigger warnings*, features Professor Melanie Takarangi comments that there is no meaningful difference to how people react to something whether they received a trigger warning or not. If anything, such warnings gave people anticipatory anxiety.

17 October 2024. Medical Xpress; the National Tribune and associate media. *Are autistic adults more vulnerable to criminal exploitation?* Article features Emeritus Professor Neil Brewer's comments that autistic adults are no more vulnerable to becoming ensnared in criminal acts than non-autistic adults.

17 October 2024. Education Today. *Could 'Microschooling' work in Australia? Microschooling offers personalised learning experiences in small, community-based settings.* Comment and opinion by Dr. Zamzami Zainuddin. <https://www.educationtoday.com.au/news-detail/Could--6351>

11 October 2024. ABC News at Noon. Interview with Dr Simon Wilksch on changing social media access to young people by way of regulating their access. Also mentioned in the Cairns Post in the article *Let them be kids: Young Aussie's eating disorders fuelled by social media, poll shows.*

9 October 2024. ABC Radio Adelaide. Interview with Emeritus Professor John Halsey re declining enrolments in physics in schools and the importance of how students are introduced to this subject.

4 October 2024. University Global News. *Why we need a balanced, two-tier approach to AI governance*, article written by Tianchong Wang and co-authored with Libing Wang (Chief of Education at UNESCO Regional Office in Bangkok). The article tackles the crucial issue of AI governance in higher education. A link to this can be found [here](#).

2 October 2024. Adelaide Advertiser. *ASIO's top man heads to summit*, featuring Dr Simon Wilksch who was part of a panel discussing SA government's push for banning social media for children under the age of 14. Also featured in Sky News Live (10 October 2024).

30 September 2024. The Educator. *Challenges in education for students with SEND.* Comments by Professor Robyn Young advocating for a shift towards 'neuro-affirming' education environments, designed to accommodate the sensory and emotional needs of students. Too often students with autism are unable to thrive because of stressful learning environments.

25 September 2024. Sydney Morning Herald; WA Today, and associated media. *To protect the Charlottes of this world, we need to call bullying what it is – violence*, featuring Dr Ben Lohmeyer comments on loneliness being huge in teenagers and the presence of bullies can make it worse. He advises that parents need to take kids seriously, keep good notes, and to book a time to speak with the teacher, school counsellor, the principal.

19 September 2024. ABC Radio National. *How can we change the culture of the military?* Interview with Professor Ben Wadham about the military remaining resistant to change.

17 September 2024. 24 sssports News. [Study](#) shows that unqualified influencers on TikTok share 'fitspo' videos with diet tricks and workouts, featuring Samantha Pryde, Ivanka Prichard and Eva Kemps warning of the pitfalls of viewing fitspiration content on TikTok. Also featured in the Lexington Herald-Leader. *TikTok fitness content may cause body image issues*; Perth Now, *TikTok 'fitspo' videos of diet tricks, workouts being shared by unqualified influencers*; WEB Education Daily, *Educating young people about the dangers of TikTok 'fitspiration'*; Health Medicine Network (16 September), *Beware of toxic TikTok #fitspo videos.*

Flinders University Library News



Repository open access

Repository (or 'green') open access is a method of making research freely available through institutional or subject-specific repositories. Unlike gold open access, which involves publishing articles in open access journals often at a cost, repository open access allows researchers to deposit their final peer-reviewed manuscripts in an online repository, making them accessible to anyone without subscription fees. Here at Flinders, [ResearchNow](#) is our institutional repository – in other words: the one stop shop for making your research open access while adhering to publisher policies and avoiding additional publishing fees. Our library staff will handle the behind-the-scenes coordination with publishers to ensure your research meets any necessary conditions for open access.

Want to get started? [Upload](#) a copy of your accepted manuscript or check [iEnrol](#) and join us at the next publishing and open access workshops.

Funder open access policies

If you have received grant funding from agencies like the ARC or NHMRC, it's crucial to adhere to their [open access requirements](#). These funding bodies mandate that the results of your research be made available through open access channels at specific times. To ensure compliance, make sure you're familiar with your funder's specific policies and select publishing options that meet these criteria.

Remember, relying on commercial platforms like ResearchGate or Academia.edu are not recommended and do not satisfy these open access mandates. Instead, you should utilise approved repositories or institutional platforms like [ResearchNow](#) for depositing your research. Ensuring your work is openly accessible not only fulfills your grant obligations but also maximises the impact and reach of your research.



When: Thursdays 10:00am-12:00pm (fortnightly, non-pay week)

Where: Psychology Admin Office, SSN328 & SSN330

What to bring: all your Library research questions!

- How do I access the Data Management Plan tool?
- What tools can I use to help demonstrate my research quality and impact?
- How do I import publications to my ResearchNow profile?
- I want to publish Open Access without paying an APC – what are my options?

..... + any other curve balls you can throw at us ...

No appointment is necessary—simply stop by with your questions and the Library will be happy to assist you.

If you are unable to attend a drop-in session, please don't hesitate to [contact the team through Service One](#) for any research-related queries.

We look forward to supporting your research endeavours!

Higher Degree by Research News



HDR Events

HDR Conference 2024: The 2024 HDR Conference will be held on **Monday 28th October 2024** at the Alere Convention Centre at Bedford Park campus.

Board Games! Join us for board games and snacks to connect with your HDR peers. **Thursday 21st November** at 12 noon in the SSN Common Room.

HDR FLO page

The [HDR Student FLO](#) page contains extensive information for HDRs. You can find details about support services such as Flinders Library, Inspire, and Service One, Funding & Forms (including the College's HDR Awards application forms and guidelines), a section on Milestones and much more.



HDR Student Committee

The HDR Student Committee for 2024 has monthly meetings and comprises of the HDR Coordinators (Dan and Ben) and four HDR students: Emily Haines (Psychology) who is the College's HDR Student Representative, Yeling Shen (Education), Michael Montejo (Psychology) and Sam Arthurson (Social Work).

If you have any questions, concerns or ideas about and for the HDR journey, please feel free to email:

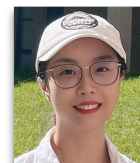
Education: yeling.shen@flinders.edu.au
Psychology: emily.haines@flinders.edu.au;
mont0179@flinders.edu.au
Social Work: arth0092@flinders.edu.au

HDR Coordinators

Associate Professor Dan King: dan.king@flinders.edu.au (Lead)
Dr Ben Lohmeyer: ben.lohmeyer@flinders.edu.au (Deputy Lead)



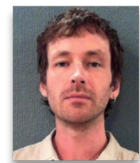
Emily



Yeling



Michael



Sam



Dan



Ben

Research Domains: Schedule of Events

CB&I = Capacity Building & Impact; IP = Indigenous Partnerships; HC&T = HDR Coordination & Training; I&E = Industry & Enterprise

Date	Domain	Event	Details
28 October 8.30-5pm	HC&T	HDR Conference 2024 @ Alere Function Centre	Abstracts due 26 th August 2024
November	I&E	‘Bob Paddick’ lecture	Tba
5 November	IP	Workshop : Culturally Responsive Practice-Working with and Engaging First Nations People. Room SSN204	Presented by Kimberley Wanganeen
27 November 12-2pm	IP	Workshop : Allyship. Room SSN204	Presented by Kimberley Wanganeen & Arthur Konstad
2-5 December	I&E	Visiting Scholars : Dr Claudio Farias, University of Porto	Tba

Researcher PD & Training

Date	Topic	Date	Topic
Oct 24	ResearchNow information session (publications, awards and profiles)	6 Nov	Research Finance: Principles, Systems and Dashboard
7 Nov	Cyber and information security considerations for research	7 Nov	Research Town Hall with SA Chief Scientist
13 Nov	Thesis writing: What to expect	14 Nov	Research Fast Start Introduction Program
19 Nov	Research Integrity information session	19 Nov	Demystifying research contracts
20 Nov	Understanding and using research metrics	21 Nov	Scaling research: Preparing for a large-scale grant
21 Nov	Navigating publishing in the Sciences	26 Nov	Media training for researchers



[Asia Pacific Autism Conference](#)

Autism Association of Western Australia is hosting the Asia Pacific Autism Conference 2025. Please save the date and keep updated by visiting the website. 13-15 November 2025, Crown, Perth.

[SA Healthy Lifestyle State Research Forum – CALL FOR ABSTRACTS](#)

The Alliance for Research in Exercise Nutrition and Activity (ARENA) at the University of South Australia invites you to attend the 2024 South Australian Healthy Lifestyle State Research Forum.

The forum will be held in Pridham Hall at the UniSA City West Campus, 213-215 Hindley Street, Adelaide on **Tuesday December 10th, 2024**. Forum registration is \$50.00 (\$40.00 for students).

The overarching theme of the day will be *Healthy Lives Through Healthy Living*. Through dynamic and informed discussions, the forum aims to build researchers' capacity to collaborate with stakeholders, industry partners, and colleagues to improve health outcomes for South Australians.

This will be followed by light refreshments and the opportunity to speak with other industry partners and researchers.

For any questions or additional information, please contact us at arena@unisa.edu.au or bethany.wiltonharding@flinders.edu.au.